

TRANSPORTATION

- **JAUNT:** 296-3184. Regional transportation.
- **City of Promise:** 288-5153. Free Lyft rides for residents of Hardy Dr, 10th & Page, and Starr Hill

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- **Central Virginia Legal Aid Society:** 296-8851; 1010 Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services.
- **Office of Human Rights:** 434-443-0048; 106 5th St NE. If you feel that you have been a victim of discrimination in employment, credit, housing, private education, or public accommodations in the city of Charlottesville, please call 434-970-3023.

OTHER EMERGENCY SUPPORT

- **Community Resource Line:** 833-524-2904. Call for financial assistance/help with community resources.
- **The Haven:** 973-1234, 112 W Market. Day shelter; housing navigation, laundry, showers, etc. Now: guests limited to those actively experiencing homelessness.
- **Home to Hope:** 970-3933, 100 5th St, NE. For Cville residents recently released to society; resource navigation for food, housing, hygiene, transportation, employment, other.
- **AIM:** 972-1704. Mon-Thu 8-3. Local utility, housing aid. Call Salvation Army for electricity & heat or visit the AIM website.
- **Love INC:** 977-7777. Emergency financial support and material aid (household items). Offices open, call for assistance.
- **OAR:** 296-2441. Safe incarceration alternatives/services, post Incarceration-Reentry Services and Assistance.
- **JABA Senior Helpline:** 817-5253. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages), advice on aging concerns, local resource referrals.
- **Assurance Wireless Free Phone Program:** 888-321-5880. Apply online at <https://www.assurancewireless.com/>

NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to:
<https://tinyurl.com/covidresourceguidecville>



SCAN ME!

SOCIAL SERVICES

Virginia Dept of Social Services: Apply for Medicaid, SNAP, TANF, and other benefits. Go online (commonhelp.virginia.gov/) or call:

- 1-855-635-4370 to apply for benefits
 - 1-855-242-8282 to apply for Medicaid
- For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are open to the public.

Applications for assistance can be filed online or:

In Person: 120 7th Street NE, Charlottesville

By Mail: Charlottesville Department of Social Services (CDSS)
P.O. Box 911, Charlottesville, VA 22902

LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, ESL, and career readiness training. Fall semester will be in person with online options for those that cannot attend in person.
- **Literacy Volunteers of Charlottesville and Albemarle:** 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language, and citizenship. You can meet with staff, check out library materials, use computer. Additional resources online (literacyforall.org)

VETERANS SUPPORT SERVICES

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250. Services are running but limited due to COVID. Most appointments are virtual. Call for more information.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing & supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Appointments available.

EMPLOYMENT SERVICES

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. For pandemic claims call 866-835-6058.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching. Register online.
- **Downtown Job Center:** 970-3933, 100 5th St, NE. Open 9 am to 5 pm. Call for more information on services/appointment availability.
- **Network2Work 961-5255 and Virginia Workforce Center One-Stop 282-2594:** Both are open and accepting clients
- **Virginia Workforce Connection:** Resume building, job search, interview skills, and more. Go to: www.vawc.virginia.gov/vosnet

CLOTHING

- **Salvation Army Thrift Store:** 605 Cherry Ave. Open
- **CVBA Clothing Center:** 434-906-3300. 815 Boiling Ave. Appointments not required. Open Mondays 10 am -1:30 pm.
- **Twice is Nice Thrift Store:** 923B Preston Ave, 918 Preston Ave.
- **Green Olive Tree:** 823-4523. Open 11-4pm Monday-Saturday.
- **Church of the Brethren:** 973-3639. Call and leave message.
- **Hinton Ave Methodist Closing Closet:** (434) 293-7049 750, Hinton Ave, Tuesdays from 10am-1pm

COVID "STREET SHEET" – Resources in Cville & Albemarle

Version 21. Last updated: 9/14/22.

This is a list of local resources, updated to reflect current operation status during the COVID crisis. All phone numbers are area code 1-434 unless noted otherwise. For up-to-date info, use the QR code to check our webpage.

PUBLIC MEALS

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun 7:30am	@First United Methodist Church: Mon 12-1pm @Christ Church: Tue 12-1 pm @First Presbyterian: Wed 12-1 pm @Holy Comforter: Thursday 12-1 pm @The Haven: Friday/Sunday 12-1 pm	
Salvation Army	Mon-Sat 7am Sun 9:15am	Fri-Sat 12pm Sun 1pm	Mon-Sat 5:30pm

EMERGENCY OVERNIGHT SHELTER

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Men, women, families, children; Call or walk-in 10am-10pm. Will be accepting a limited number of guests.
- **PACEM:** Low-barrier emergency congregate shelter for adults in cold weather. Access via Homeless Information Line voicemail, 434-207-2328.
- **Premier Circle Non-congregate Shelter:** Low-barrier shelter rooms for single and coupled adults based on health risks. Access via Homeless Information Line voicemail, 434-207-2328.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests, call hotline.
- **ReadyKids – Runaway Emergency Services:** Hotline 972-7233. Still active.

EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-10 day supply, 2x/mo. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm). For Groceries by Appointment: Make a 15 minute appointment between 3:00 - 7:00 PM on Tuesdays at <http://cvilleloaves.org/>
- **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead. See the following link for updates: <https://www.facebook.com/BFYanceyCommunityFoodPantry>

Church-based Food Pantries:

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-3:30pm. Do not need to pre-register.
- **Holy Comforter Catholic Church:** 215 3rd Str. NE. Tues, Wed, 10:30 am-1:30 pm. Walk-up. Call 434-293-8989.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon & Wed. 10:30-12, Fri 10:30-12, Open.
- **Ministerios Profeticos Palabra:** 1-804-216-0399; 1827A Seminole Trail. Open.
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo, 3:30- 5:00 pm. Must reside in Western Albemarle. Open; call 434-979-6354 to request.
- **Unitarian Universalists:** 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- **New Beginnings Christian Community:** 1130 E Market St. Mon, Tue, Fri. 1-4 pm; Sat. 10-2 pm; Closed Wed, Thu, Sun. Open; call 249-5691 to request.
- **Bethany Seventh Day Adventist:** 401 Harris Rd, Text/call 434-806-4899 for dates/more information; (Cville only) delivery or drive-through. Flexible on date/time of deliveries.
- **Buck Mountain Episcopal Church:** 4133 Earlysville Road, Earlysville, Virginia 22936. Fourth Tuesday/mo 3-4:30pm; Second Wednesday/mo 3-4:30 pm. Call 434-973-2054, Email: ssnagy52@gmail.com
- **Bethel Urban and Rural:** 1000 Cherry Ave. From 9-noon every Saturday for the next two years. Call 434-977-6447 or 757-871-4520
- **Come As You Are Cville @MVMNT Church:** 309 Hillsdale Drive. From 12 to 1:30 every Friday.

Food Delivery Services:

- **JABA Home Delivered Meals:** 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- **Meals on Wheels:** 293-4364. Hot lunch deliveries to homebound individuals in Cville + most of Albemarle. Call or apply online.

Kids:

- Charlottesville provides breakfast & lunch to any child under 18yrs old. See the following website for pickup/drop-off schedules: <http://charlottesvilleschools.org/food>

MENTAL HEALTH SUPPORT

- **Region 10:** Mental health, intellectual disability and substance use services. Mon-Fri, 8:30 am to 12:00 pm. Call 434-970-2183 or 434-972-1800 for first come/first serve same-day appointments. Crisis lines: 972-1800 / 1-866-694-1605.
- **On Our Own:** 979-2440; 123 4th St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- **Teen Crisis Hotline:** 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours: thewomensinitiative.org.
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to
- **Grief Share:** 800-395-5755. Online support group for coping with loss/divorce. See website for schedule or call.
- **ReadyKids:** 296-4118. Counseling for teens and families, other mental health resources online.

SUBSTANCE USE SUPPORT

- **Addiction Allies:** 434-400-9668. Suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, Call or go online.
- **Addiction Recovery Systems - Pantops:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery;** **Alcoholics Anonymous** (293-6565); **Narcotics Anonymous** (800-777-1515; in-person info at <https://piedmontvana.org>); **Al-Anon** (cvillealanon@gmail.com, 972-7011 hotline); **Al-Ateen** (senglot12@gmail.com, 972-7011 hotline); **In the Rooms:** intherooms.com
- **Office Based Opioid Treatment UVA clinic (OBOT):** 924-2241 Medication-assisted treatment with counseling services. Call for information.
- **UVA Opioid Helpline:** 1.877.674.6437: Free telephone helpline provides individualized assistance and referrals.
- **C'ville Harm Reduction:** 434-218-0228: Provides clean needles, Narcan, and education on substance use.

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & 24/7 hotline still active. Text-line (434-295-7273) is now available during office hours for additional communication.

WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Telehealth options also available. Open.
- **Whole Woman's Health:** 434-216-6470; 2321 Commonwealth Dr. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals who cannot afford abortions.
- **Donor Diapers:** 214-0345; Jefferson School City Center Loop 233 4th street NW. Monthly diaper & wipe giveaways. Next: 9/18, 10/16, 11/20, 12/18 from 2-3:30pm.

PHYSICAL HEALTH

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- **Charlottesville-Albemarle Health Department:** 972-6269; 1138 Rose Hill Dr. Offering many in-person services (pap smears, birth control, STD testing, Naloxone) by appointment. Family planning, immunizations, pregnancy tests, and tb tests are available as well. WIC (women, infants, and child nutrition) benefits are still operational. Call number above to make an appointment. COVID info line: 434-972-6261
- **Charlottesville Free Clinic:** 296-5525; 901 Preston Ave. 3rd floor. Non-emergency medical care & pharmacy for low-income households. Medical & Dental: Call for eligibility.
- **Central Virginia Health Services** (Neighborhood Family Health): 227-5624; 1101 East Jefferson St, Suite 1. Comprehensive sliding-scale medical & behavioral health & pharmacy. Schedule appointments online
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open.

COVID-19 Testing/Vaccine

- **Virginia Department of Health Testing Site Locator:** tinyurl.com/VA-COVID-TEST-SITES
- **Blue Ridge Health Department Vaccine Line---** 1-877-829-4682 (1-877-VAX-IN-VA)
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17.**
- **Virginia Department of Health Preregistration for the vaccine:** <https://vaccinate.virginia.gov>