

# Quick Guide to Family Resources 2019

Compiled by United Way Thomas Jefferson Area Information and Referral Center

## PUBLIC SERVICE AGENCIES

SOCIAL SERVICE AGENCIES (DSS)	
Albemarle DSS	434-972-4010
Charlottesville DSS	434-970-3400
Fluvanna DSS	434-842-8221
Greene DSS	434-985-5246
Louisa DSS	540-967-1320
Nelson DSS	434-263-7160

## HEALTH DEPARTMENTS

Provides general health care, immunizations, pregnancy and well-baby care.

Charlottesville/Albemarle	434-972-6200
Fluvanna County	434-591-1960
Greene County	434-985-2262
Louisa County	540-967-3703
Nelson County	434-263-4297

## CHILD CARE

### REFERRAL RESOURCES

ReadyKids	434-296-4118
-----------	--------------

### FINANCIAL AID SCHOLARSHIPS

Child Care Scholarships	434-972-1710
-------------------------	--------------

See Social Services Agencies (DSS)

## DONATIONS & THRIFT STORE

### CLOTHING CLOSETS/THRIFT STORES

Central VA Baptist	434-977-6876
Goodwill Thrift Shop-Pantops	434-295-3967
Pregnancy Center	434-979-8888
Salvation Army Family Store	434-979-5230
Schoolhouse Thrift Shop	434-973-2271
Twice is Nice Thrift Shop	434-293-8319
Free Laundry by Appointment	434-977-7777

## EDUCATION

### ADULT AND BASIC EDUCATION

Adult Education	434-245-2817
-----------------	--------------

For GED and ESL programs within our service area please call the Adult Learning Center:  
434-245-2817

CATEC	434-973-4461
TJ ACE-PVCC	434-977-3900
Continuing Education-UVA	434-982-5252
Fluvanna Adult Education	434-842-9273

### EARLY CHILDHOOD

Head Start (MACAA)	434-295-3171
Shining Star (JABA)	434-817-5222
Bright Stars (Alb.County)	434-972-4010 3222
Charlottesville Preschool	434-245-2813

### LITERACY AND TUTORING

Literacy Volunteers CHAR-ALB	434-977-3838
Literacy Volunteers Nelson Co.	434-263-6447
Sin Barreras	434-531-0104

## EMERGENCY SERVICES

Fire / Rescue / Police	911
Child & Adult Protective Services	Call DSS
Poison Control	(800) 222-1222
Region Ten - Mental Health	434-972-1800
Teen Crisis Hotline	434-972-7233
SARA Hotline (Sexual Assault)	434-977-7273
Shelter for Help in Emergency	434-293-8509

## EMPLOYMENT

### COUNSELING AND TRAINING

Albemarle Career Center	434- 972-4010
Downtown Job Center	434-970-3933
Louisa Employment Center	540- 967-6095
Offender Aid & Restoration	434-296-2441
Piedmont Workforce Network	434-979-5610
Dept. of Aging Rehab Service	434-296-5621
VA Employment Commission	434-282-2594
VA Career Works-Charlottesville	434-529-6828
WorkSource Enterprises	434-972-1730

## FINANCIAL SERVICES

### BUDGET & CREDIT COUNSELING

Credit & Budget Counseling	888-738-8233
CCCS	1-800-431-8157
UVA Community Credit Union	434-964-2001

Please visit [www.uvacreditunion.org](http://www.uvacreditunion.org) for a current list of financial education seminars, offered free of charge to the public.

## TEMPORARY FINANCIAL ASSISTANCE

Charlottesville Area Helpline:	434-234-4490
--------------------------------	--------------

Mon-Wed, between 11 am and 2pm.

MACAA Fluvanna	434-842-2521
MACAA Louisa	540-967-9522
MACAA Nelson	434-263-8119
AIM Cville/Alb	434-972-1704
Unity in Community-Nelson	434-277-8842

## FOOD RESOURCES

Food Stamps: See Social Services Agencies	
Daily Soup Kitchens Cville	434-972-1715
Emergency Food Cville/Alb	434- 979-9180
MACAA Fluvanna	434-842-2521
Community Cupboard Louisa	540-967-1510
Loaves and Fishes	434-996-7868
Meals on Wheels of Cville/Alb	434-293-4364
Meals on Wheels of Fluvanna	434-589-1685
Salvation Army Public Meals	434-295-4058

## HEALTH / MEDICAL ASSISTANCE

Blue Ridge Medical Center NEL	434-263-4000
Charlottesville Free Clinic	434-296-5525
Children's Dental Center	434-293-9300
Independence Resource Center	434-971-9629

## HEALTH/ MEDICAL ASSISTANCE cont...

Health & Wellness Center LOU	540-967-9401
Martha Jefferson Hospital	434-654-7000
United Way Prescription Relief	434- 972-1708
UVA Medical Center	434-924-0211
ACA Assistance	434-220-1496

## LGBT COMMUNITY

Cville Pride Comm. Network	info@cvillepride.org
Transgender Health Alliance	info@thacva.org

## MENTAL HEALTH SERVICES

Partner for Mental Health	434-977-4673
On Our Own- Peer Recovery	434-979-2440
Region Ten	434-972-1800
SARA (Sexual Assault)	434-295-7273
Women's Initiative	434-872-0047

## PREGNANCY, PRENATAL, AND WELL BABY

Birth Matters Virginia	757-932-2682
Healthy Families (Ready Kids)	434- 296-4118 Ext. 229
Jefferson Area CHIP	434-964-4700
Martha Jefferson Hospital	434-654-7009
Planned Parenthood	434-296-1000
Thrive Women's Healthcare	434-979-8888

For the WIC Program, please contact your local Health Department

## HOUSING RESOURCES

Albemarle Housing Improvement	434-817-2447
Albemarle Office of Housing	434-296-5839
Habitat for Humanity	434-293-9066
Flu/Louisa Housing Foundation	540-967-3483
LEAP (Energy Efficiency) Cville	434-227-4666
NEL Community Dev Foundation	434-263-8074
Piedmont Housing Alliance	434-817-2436
Skyline CAP (Greene County)	434-985-6066

## HOUSING REHABILITATION AND REPAIR

AHIP Home Rehab & Repair	434-817-2447
Cville Free Paint Program	434-970-3093

## HOMELESS INTERVENTION

Hope House-MACAA	434-295-3171 ext.3021
PACEM Night shelter late Oct - early April	
Women:	434-465-7521
Men:	434-465-1392
Salvation Army	434-295-4058
Domestic Violence (SHE)	434-93-8509
The Haven	434-973-1234 Ext.100

For rapid rehousing list please call the Haven

## HOTLINES/HELPLINES

Statewide Information and Referral	211
Helpline (Madison House)	434-295-8255
Pregnancy Center Hotline:	434-220-3777

# Quick Guide to Family Resources 2019

Compiled by United Way Thomas Jefferson Area Information and Referral Center

## HOTLINES/HELPLINES

Region Ten Emergency Services 434-972-1800  
 Teen Crisis Hotline (ReadyKids) 434-972-7233  
 Sexual Assault Resource Agency 434-977-7273  
 Domestic Violence (SHE) 434-293-8509

## MISCELLANEOUS

### CHILD SUPPORT

Div of Child Support Enforcement 800-468-8894

### INTERPRETATION/TRANSLATION

IRC Interpreter Service 434-979-7772 ext.112

### HOLIDAY ASSISTANCE

Speak with public school guidance counselors in early Fall.

Referrals 434-972-1715

### LEGAL ASSISTANCE

Central VA Legal Aid 434-296-8851

Legal Aid Justice Center 434-977-0553

Sin Barreras 434-531-0104

### MENTORING AND COMPANIONSHIP

Abundant Life Ministries 434-970-2077

Big Brothers Big Sisters 434-244-0882

Boys & Girls Club 434-971-9400

Boy Scouts-Stonewall Jackson 540-943-6675

Community Attention Teens Give 434-970-3346

Computers4Kids 434-817-1121

Girl Scouts of VA/Skyline Council 434-970-1717

LOVE, INC. 434-977-7777

UVA Madison House 434-977-7051

### TAX PREPARATION

Cville Tax Aide (Free Tax Prep) 434-972-1703

IRS 1-800-829-1040

## PARENTING/FAMILY SUPPORT

### COUNSELING-FAMILIES OR CHILDREN

Community Attention 434-970-3346

Family Preservation Services 434-293-4262

Lafayette School & Treatment 434-589-2370

ReadyKids 434-296-4118

Region Ten Community Services 434-972-1800

Sexual Assault Resource Agency 434-295-7273

VA Cooperative Ext. CHAR/ALB 434-872-4580

VA Cooperative Ext. FLU 434-591-1950

VA Cooperative Ext. GRN 434-985-5236

VA Cooperative Ext. LOU 540-967-3422

VA Cooperative Ext. NEL 434-263-7180

### SPECIAL EDUCATION SUPPORT

Arc of the Piedmont 434-977-4002

P.R.E.P./Parent Resource Center 434-975-9400

### LGBT COMMUNITY

Cville Pride Comm. Network [info@cvillepride.org](mailto:info@cvillepride.org)

Transgender Health Alliance [info@thacva.org](mailto:info@thacva.org)

## SENIOR SERVICES

Adult Day Care-JABA 434-817-5222

Alzheimer's Association 434-973-6122

Dementia Hotline 434-973-6122 Option 2

Hospice of the Piedmont (800) 975-5501

434-817-6900

Information & Assistance-JABA 434-817-5222

Insurance Counseling-JABA 434-817-5248

Home Delivered Meals-JABA 434-817-5222

Meals on Wheels-CVILLE 434-293-4364

Meals on Wheels-FLU 434-589-1685

The Center 434-974-7756

Social Security Administration (800) 772-1213

## TRANSPORTATION

Charlottesville Transit Service 434-970-3649

Greene County Transit 434-985-5205

JAUNT toll free 800-365-2868 434-296-3184

RideShare 434-295-6165

University Transit Service (UTS) 434-924-7711

## VOLUNTEER OPPORTUNITIES

United Way Volunteer Center 434-972-1715

## WOMEN'S SERVICES

Sexual Assault Resource Agency 434-295-7273

Domestic Violence (SHE) 434-293-8509

UVA Women's Center 434-982-2361

The Women's Initiative 434-872-0047

*This guide is not an all-inclusive list, nor is it a list all of the services provided by an agency.*

*When leaving messages for agencies please leave your name and phone number spoken slowly and clearly as well as a brief reason for your call.*



United Way  
Thomas Jefferson Area

United Way Thomas Jefferson Area  
Information and Referral Center  
806 East High Street, Charlottesville, VA 22902

**434-972-1715**

**[www.UnitedWayTJA.org](http://www.UnitedWayTJA.org)**



The United Way Thomas Jefferson Area covers Charlottesville, Albemarle, Greene, Fluvanna, Louisa, and Nelson (PD10). Our direct services are in Prescription Relief, Childcare Scholarships, and Self-Sufficiency. Call to learn about these programs or for information and referral assistance.

United Way of Greater Augusta Region covers Staunton, Waynesboro, and Augusta Counties. Call: 540-885-1229 to learn more about receiving help in those areas.

United Way of Central Virginia covers Appomattox, Amherst, Bedford, Campbell, and the city of Lynchburg. Call: 434-846-8467 to learn more about receiving help in those areas.